

Sustaining Improvements in Physical Education

Clubs

Staff and children are actively encouraged to run after school clubs and we also employ the services of companies when there is a demand. Over time, we have been able to offer a good range of after school clubs to children including: multi skills, football, rugby, hockey, netball, dance and karate.

Competitions and events

Throughout their time at primary school, we endeavour to ensure that all children are given opportunities to take part in competitions and events regardless of their sporting ability. We have an active local cluster who organise several sporting events throughout the year and we also arrange sporting events with and against Burneston (our collaboration school). A **small** selection of the events we regularly take part in is listed below:

- Swimming galas
- Small schools' sports
- Football tournament
- Netball tournament
- Key Steps gymnastics
- Hockey tournament
- Sports hall athletics

CPD

Staff are regularly surveyed on their CPD needs. Where needs are identified, all staff are given the opportunity to work with the subject leader and/or attend training courses run by external bodies. Two members of staff hold ASA swimming qualifications and one member of staff is a swimming coach for Thirsk and White Horse Swimming Club. Although we do not employ external coaches to deliver our PE curriculum, we do work with local clubs to develop our own expertise through development programmes (e.g. squash and rugby). These development programmes require the teacher to work alongside the visiting coach so that they are able to deliver that area of the curriculum.

Our current subject leader has delivered training and support on developing FUNdamentals and the ABCs of PE so that staff understand how these underpin all areas of the PE curriculum. She has also ensured that staff have a consistent approach to planning for PE and that the coverage of skills and activities are broad and balanced right across the school. This approach is now what is expected and this is disseminated to all new members of staff.

Teaching and Learning

We do not employ coaches to deliver our PE curriculum. All teachers and one HLTA plan, teach and assess our PE curriculum. As we know our own children very well, this enables us to appropriately differentiate the curriculum to ensure inclusion and progression for all.

We work hard to ensure children are taught the skills they need to take part in a wide range of sports. We are an inclusive school and, therefore, expose our children to a range of less well known

PE and games including, handball, Ultimate Frisbee, HRE, outdoor and adventurous education and sports hall athletics as well as the more traditional ones. All children are given the opportunity to swim for at least one term each year and school staff teach alongside pool staff.

Right from Reception, children are taught the importance of healthy lifestyles. All children are encouraged to assess their own work and that of others and identify ways to improve. By the time they reach KS2, the children are able to lead parts of the lessons, e.g. ABC warm ups, stretches, small sided games and cool downs.

The senior leaders of the school regularly audit planning, teaching and provision to ensure improvements are both sustained and continued.

Subject Leadership

The PE subject leader manages the PE premium budget. She regularly reports to the headteacher and governors and prepares a termly update on expenditure and impact which is posted on the school website.

In order to further support sustainability, the PE subject leader is shadowed by an HLTA who has an excellent understanding of the PE curriculum and how it should be taught.