



# AISKEW, LEEMING BAR

## CHURCH OF ENGLAND PRIMARY SCHOOL

Head Teacher: Mr S. Simper

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9<sup>th</sup> February 2018

Dear Parent/Carer,

Re: Cycle training ( [www.bikeability.org.uk](http://www.bikeability.org.uk) )

In the summer term we are thinking of providing 'Bikeability' training, provided by North Yorkshire County Council, for our Y5 and Y6 children. This involves children learning to ride, under supervision, on public roads. The roads used will be risk assessed by your local Road Safety Team to ensure they are suitable, high visibility jackets will be worn and children are fully supervised. All leaders are trained and qualified Bikeability Instructors who will be familiar with local traffic conditions.

To take part you will need to ensure that your child has:

- ❖ A roadworthy bike. Everything must be in good working order. A child will not be allowed to take part if a bike is considered unsafe. If you are not sure, please contact your local bike shop for a professional check. You can use the attached checklist to ensure the bike is safe. Instructors will check each bike at the start of the course.
- ❖ An approved cycle helmet which conforms to the following standard:- EN 1078. SNELL B. 95. Full face and helmets used for other sporting activities should not be used.
- ❖ Suitable clothing; ie gloves, waterproofs. We will be training for long periods up to 2 hours away from school.
- ❖ The ability to ride a bike! The course is not intended as a basic training course. It is a starting point for life long development of good practice as a cyclist on the road. Children need to be able to cycle, balance, steer and ride one handed to take part. If your child cannot do so, it would be very helpful to them (and us) if you would give them some opportunities to practice their basic cycling and balance skills before the course starts.

Initially we need to find out how many children would be interested in doing this training. Please complete the slip below and return to school by 1<sup>st</sup> March 2018.

Yours faithfully

Mrs Manning  
Acting Deputy Headteacher

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### **'Bikeability' training**

My child \_\_\_\_\_ is interested in taking part in the  
'Bikeability' training.

Signed \_\_\_\_\_