

Aiskew, Leeming Bar Church of England Primary School NEWSLETTER

February 12th
2021

'Rooted in love and growing together to become lifelong learners'

We have finally reached the end of a very challenging half term! Staff would like to thank children and parents/carers for all their dedication and commitment to ensuring online learning takes place. We have been amazed by children's politeness when speaking via Teams and their navigation of technology. Our older pupils have become dab hands at 'taking over' lessons and sharing their screens. Thank you to everyone whose patience has been tried with technology - between us all, we've usually managed to get it to work in the end. We've been really bowled over by some of the work produced and those pupils who have really stepped up. Thank you for all the lovely feedback we have received about our online learning offer.

We obviously do not know yet when school will reopen to all pupils. Schools are never given any prior warning - we just have to listen to the news along with the rest of the country! Staff in school have planned for the first 2 weeks after half term. We are then planning for everyone to be in school from 8th March. This may all change but we are well organised and can quickly adapt our plans.

Last week, it was Children's Mental Health Week. Both classes learned about this. Mrs McKnight, who is our well-being champion, has carefully selected some useful links to support mental health and well-being for both adults and children. We hope that you look at these and make use of them.

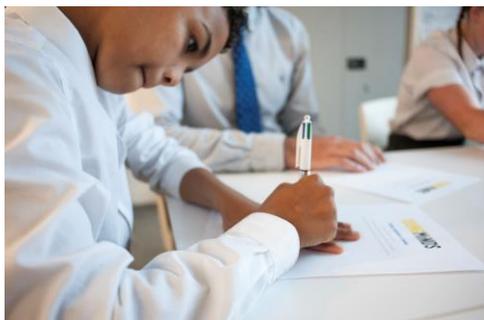
Carer's leaflet

<https://www.annafreud.org/media/11452/tmh-parent-leaflet-final-web-updated-by-ed-april-2020.pdf>

[You're never too young to talk mental health](#)

Supported by Finding support ChildLine: For 18s and under 0800 1111 NSPCC: 0808 800 5000
About the Anna Freud National Centre for Children and Families The Anna Freud National Centre for Children and
www.annafreud.org

A letter about how I'm feeling – school- (worry monster or mindfulness table resource), or home – (an opening for talking). <https://youngminds.org.uk/resources/school-resources/a-letter-about-how-im-feeling/>



[A Letter About How I'm Feeling - YoungMinds](#)

A Letter About How I'm Feeling This simple worksheet may help your pupils to express their feelings and understand what may have triggered them
youngminds.org.uk

For parents and carers

Talking to my child – tips, videos and suggestions.

https://mindedforfamilies.org.uk/Content/talking_to_my_child/#/id/59c0f796928ba1116a891716

Easy, quick read leaflet

https://mindedforfamilies.org.uk/Content/talking_to_my_child/course/assets/ead7feeadd93a86f6f334fc875e7e29ddff6c2df.pdf

Time to talk parent leaflet Time to Change

https://www.time-to-change.org.uk/sites/default/files/Parent%20leaflet%20-%20FINAL%20%282%29_0.pdf

[#MakeTime - Time to Change](#)

Find out more about mental health, stigma and discrimination, and how you can start your conversation. [#MakeTime](http://time-to-change.org.uk/parents) Elizabeth experienced symptoms of www.time-to-change.org.uk

Please also find attached a useful resource, **Calming Techniques for kids.pdf**, that Mrs Watson found which the children may like to have access to.

It has been Safer Internet Week this week. Again, both classes have been learning about this. Oak families should have received an email with details about keeping safe on line. In addition, we have attached a really helpful guide for parents/carers from Purple Mash. This is the digital learning platform that we use to teach all our ICT through. The advice in this guide is suitable for our youngest to our oldest pupils. There is also further information about e-safety on our website. See **parenting on a digital worldonline.pdf** attached.

If anyone would like any of the above resources printing off, please let school know.

We hope everyone has a really relaxing half term and takes the opportunity to recharge their batteries. With lockdown, it is limiting as to what can be done but maybe you will be able to go on a walk - find a new route or road you've not walked down before. Maybe you could try out a new recipe or play a board game as a family. Why not post some pictures on Seesaw/Teams so we can be inspired? In the summer, Mr Hodgson decided he would cycle up and down every street in Northallerton and he recorded his route on a clever little app which was fun to watch. Mrs Stanley and her family were inspired and have started walking each street in Northallerton and mapping it - we are not as fast as Mr Hodgson!

We look forward to welcoming back those children who have been with us in school during this half term on Monday 22nd February as well as joining with everyone else who is learning from home. Children who need a place in school on Monday 22nd February will need to bring in their glockenspiels.

Stay safe and have a lovely week off.

Spring Term

February

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| Friday 12th | 3.20/3.30pm | School closes for half term |
| Monday 22nd | 8.45/8.55am | Staff and children back to school |

March

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|----------------|-------------|-----------------------------|
| Wednesday 17th | TBC | Parent consultation evening |
| Friday 26th | 3.20/3.30pm | School closes for Easter |

If you would like a hard copy of this newsletter sent home please contact Mrs Bentley in the school office.