

NYES Catering – Spring 2023 – Menu – Internal Use Only

	WEEK 1	WEEK 2	WEEK 3
MONDAY	V Pasta Parcels (Hilcona) in a Homemade Tomato Sauce V Sticky Vegetable Noodles Cauliflower & Green Beans Garlic Bread ***** Apple Crumble & Custard Fresh Fruit or Fruit Yoghurt	V Pizza V Vegetable Curry Pastry with Crusty Bread Diced Potatoes Peas & Sweetcorn ***** Krispie Cereal Bar Fresh Fruit or Fruit Yoghurt	V Farmhouse Mac & Cheese with Garlic Bread V Melting Veggie Slice with 50/50 Rice Broccoli & Carrots ***** Jam Roly Poly & Custard Fresh Fruit or Fruit Yoghurt
TUESDAY	Crispy Chicken Bites V Cheese & Onion Whirl Baked Baby Potatoes Peas & Sweetcorn Herby Bread ***** Orange Shortbread Fresh Fruit or Fruit Yoghurt	Pasta Bolognese V Cheesy Leek Croquette Cauliflower & Green Beans Garlic Bread ***** Chocolate Orange Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	Cheese Burger V Veggie Dog Baked Potato Wedges Spring Coleslaw with Cucumber Sticks ***** Banana Brownie Fresh Fruit or Fruit Yoghurt
WEDNESDAY	Roast Turkey & Stuffing V Sweet Potato & Spring Vegetable Bake Roast Potatoes Medley of Seasonal Vegetables Homemade 50/50 Bread ***** Arctic Roll & Fruit Fresh Fruit or Fruit Yoghurt	Sausages & Yorkshire Pudding V Sausages & Yorkshire Pudding Mashed Potato Medley of Seasonal Vegetables Sliced Wholemeal Bread ***** Cheese & Crackers Fresh Fruit or Fruit Yoghurt	Mince Beef & Dumplings with Baked Baby Potatoes V Vegetable Cottage Pie Medley of Seasonal Vegetables Sliced Wholemeal Bread ***** Marbled Sponge & Custard Fresh Fruit or Fruit Yoghurt
THURSDAY	Chilli Con Carne & Naan Bread V Cheesy Bean Enchilada 50/50 Rice Broccoli & Carrots ***** Cheese & Crackers Fresh Fruit or Fruit Yoghurt	Chicken Wrap V Sweet Potato & Spring Vegetable Curry with Homemade 50/50 Bread Vegetable Rice Broccoli & Carrots ***** Apple Flapjack Fresh Fruit or Fruit Yoghurt	Chicken Korma & Rice V Vegetable Lasagne Cauliflower & Green Beans Naan Bread ***** Oatie Biscuit & Cheese Fresh Fruit Yoghurt
FRIDAY	Fishwich (Salmon) V Veggie Burger Chips Crunchy Vegetable Sticks ***** Chocolate Berry Mousse Cake Fresh Fruit or Fruit Yoghurt	Fish Fingers V (Quorn) Chilli Wrap Chips Baked Beans & Peas Crusty Bread ***** Lemon Drizzle Muffin Fresh Fruit or Fruit Yoghurt	(Harry Ramsdens) Battered Fish V Cheese & Tomato Quiche Chips Peas & Sweetcorn Crusty Bread ***** Lemon & Sultana Iced Finger Fresh Fruit or Fruit Yoghurt

V = suitable for a vegetarian diet