

Year A
KS1



2022 2023

Previous learning:
 To be able to recognise risky situations.
 To understand the differences between safe and risky choices.
 To be able to recognise a range of warning signs.
 To know the importance of listening to our trusted adults.
 To follow rules.

New learning:
 To know why it is important to stay when crossing the road.
 To know how I can cross the road safely.
 To know safe places to cross a road.

A pelican crossing



A zebra crossing



A toucan crossing

I will learn the following new words/phrases:

Community	A group of people living in the same place or sharing a common interest.
Discuss	To talk about something with another person or group.
Choice	To pick or choose between two or more possibilities.
Pedestrian	A person walking rather than travelling in a vehicle, such as a car.
Zebra Crossing	A black and white road crossing where drivers should stop to let any pedestrians cross.
Pelican Crossing	A road crossing controlled by traffic lights.
Puffin Crossing	A road crossing with sensors that can detect when a pedestrian is still on the crossing.
Toucan Crossing	A road crossing which both pedestrians and cyclists can use.
Avoid	To keep away from.
Situation	What is happening now.
Risk	The possibility that something unpleasant or dangerous will happen.
Safe	Not likely to cause or lead to harm or injury.
Imaginary	Something that only exists in your mind or imagination.

THE GREEN CROSS CODE

1. THINK FIRST
2. STOP
3. USE YOUR EYES AND EARS
4. WAIT 'TILL IT'S SAFE TO CROSS
5. LOOK AND LISTEN
6. ARRIVE ALIVE



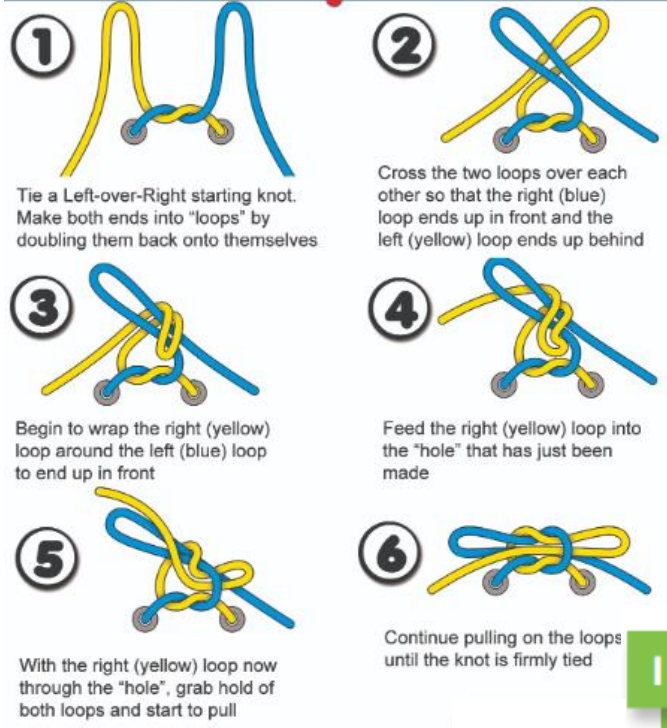
A puffin crossing

Previous learning:

- To be able to recognise risky situations.
- To identify trusted adults around me.
- To understand the differences between safe and risky choices.
- To be able to recognise a range of warning signs.
- To be able to spot the dangers we may find at home.
- To know the importance of listening to our trusted adults.
- To be able to understand ways we can keep ourselves and others safe at home.



Bunny Ears



New learning:

- Know the reasons to make sure your laces are tied.
- Learn how to tie up laces properly.
- Know rules to keep yourself and others safe.

I will learn the following new words/phrases:

Laces	A cord or leather strip used to fasten a shoe.
Buckle	A flat, rectangular frame with a pin used to fasten a shoe or belt.
Velcro	Two pieces of cloth that stick together used to fasten clothes, bags, shoes etc.
Accident	An event that happens by chance.
Rules	An instruction which tells you what you are allowed or are not allowed to do.
Unsafe	Not safe; dangerous.

Deedee wants you all to know that it is **NEVER** OK for a child to use or take medicine by themselves.

This can be very dangerous.

Children should only ever take medicine from a trusted adult, doctor, or nurse.



2022 2023



Previous learning:

To identify trusted adults around me.

To understand the differences between safe and risky choices.

To understand how to keep myself and others healthy.

New learning:

Vaccinations can prevent you from getting certain diseases.

To know there are associated risks with legal and illegal harmful substances.

To know, understand and be able to practise simple safety rules about medicine.

To understand when it is safe to take medicine

To know who we can accept medicine from.

Here are some examples of medicine. Can you think of any more?



Tablets



Liquid medicine



Asthma Inhaler



Eye/Ear drops



I will learn the following new words/phrases:

Medicine	<i>A drug or other substance used to treat disease, injury, pain, or other symptoms.</i>
Allergies	<i>When you have an unusual reaction to something, like dust or certain foods.</i>
Vaccination	<i>A special medicine that helps protect your body from certain diseases.</i>
Antibodies	<i>A protein in blood that reacts to toxic substances by destroying them or making them ineffective.</i>
Research	<i>Studying something carefully to find out more information about it.</i>
Immune System	<i>The system of the body that fights infection and disease.</i>
Doctor	<i>A person who is qualified to treat people who are ill.</i>









Previous learning:

Some children will have learned:

- To name and recognise some feelings.
- Feelings can be shown without words through body language and facial expressions.

Bullying	A repeated aggressive or unkind behaviour.
Mean	Unkind, spiteful, or unfair.
Describe	To say or write what someone or something is like.
Teasing	To laugh at someone or say unkind things about them.
Threatening	Expressing a threat of something unpleasant or violent.
Advice	An opinion that someone offers you about what you should do or how you should act in a particular situation.
Imagine	To form or have a mental picture or idea of something.
Anti-bullying	Opposed to or acting against bullying.

FEELINGS CHART

		
SCARED	HAPPY	SAD
		
ANGRY	EXCITED	WORRIED
		
SURPRISED	SILLY	FRUSTRATED

New learning:

Healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded.

Bullying behaviour is when someone is:

- unkind
- hurts me
- does not let me play
- calls me names
- is unfriendly
- happens more than once

If you or your friend is being bullied you must tell a trusted adult like your parent or your teacher.






Be Kind



- I can be kind to someone by...*
- If someone is being bullied I can...*
- I should help to protect others because...*

How am I feeling?

Blue	Green	Yellow	Red
			
Low	Happy	Wobbly	Angry
Running Slow	Good to Go	Caution	STOP
unhappy tired withdrawn tearful	positive proud calm focused	excited nervous frustrated annoyed	mad furious yelling aggressive



2022 2023

Previous learning:

Some children will have learned that we need to take responsibility for things and that through this, we can help one another. They will also know that they can prevent an accident from happening.

I can be thoughtful at home by...

I can be thoughtful at school by...

I can be thoughtful in the community by...

I will learn the following new words/ phrases:

Abilities	<i>The physical or mental power or skill needed to do something.</i>
Thoughtful	<i>Caring about or showing consideration for others.</i>
Qualities	<i>The features or characteristics of a person or thing.</i>
Manners	<i>Polite social behaviour or habits.</i>
Courteous	<i>Polite, respectful, or considerate in manner.</i>
Appropriately	<i>Suitable or right for a particular situation or occasion.</i>
Self-respect	<i>Respect for yourself that shows that you value yourself.</i>
Improve	<i>To get better.</i>

New learning:

They will know how they can help other people in a range of ways.

They will be able to recognise kind and thoughtful behaviours and actions in themselves and other people. Whilst being helpful, they will understand the risks of talking to people you don't know very well in the community.

They will be able to identify the differences between being responsible and being irresponsible.

Be polite

Treat others with respect

Be the kindest person in the room

Use manners, such as please and thank you

Think about how your actions affect others



Don't leave your toys on the floor when you are no longer playing with them.



Pick up food that you have dropped on the floor and put it in the bin.



Help your friend when they have fallen down.



Previous learning:
To know the difference between being responsible and irresponsible.
To know that healthy friendships are positive and welcoming.

New learning:
To know the difference between borrowing and stealing.
To know how I would feel if someone borrowed a toy without asking.
To know why it is wrong to steal.
To know the difference between being responsible and irresponsible.



We should treat other people's belongings in the same way we would like them to treat ours.
It is nice to share but it is wrong to steal. Always ask before you take something that does not belong to you.

Love Deedee X

What are the differences between borrowing and stealing?

Stealing
Stealing is when you take something from someone without permission and do not intend to return it.

Borrowing is when...
Stealing is when...
If I want to use something that doesn't belong to me, I should...

Borrowing
Borrowing is when you take and use something that belongs to someone else and return it.

I will learn the following new words/phrases:

Borrowing	When you take and use something that belongs to someone else, with their permission. After using it, you return it.
Stealing	When you take something from someone without permission and do not intend to return it.
Consequence	The result or outcome of an event or action.
Irresponsible	Not thinking enough or not worrying about the possible results of what you do.
Responsible	Having good judgement and the ability to act correctly and make decisions on your own.



Previous learning:

I can name a range of feelings.
To know that healthy friendships
are positive and welcoming.

New learning:

I can recognise the feeling of
jealousy.
I have strategies to deal with
this feeling.
Friendships have their ups and
downs but can be repaired if we
ask for forgiveness.
Good friends show respect,
truthfulness, loyalty, kindness,
trust and support for each other
when there is a problem.

Jealousy is when you feel angry or upset about
someone having something you would like.

*For example: Feeling unhappy that another person
is receiving lots of attention*

Module: Feelings and Emotions
Topic: Jealousy



*When I feel a bit jealous of someone else, I should
remember that I am/I can...*

When might I feel jealous?

*Someone in your class has won a competition
and is getting praise from your teacher*

*You like your friend's birthday presents
more than the ones you received*

*Your cousin is going on
holiday but you are not*

*Your sibling can go to the park by
themselves but you are not old enough*

*A friend gets a new toy
that you wanted*

Every one of us is very special and unique. It is okay to feel jealous
sometimes as long as we don't use this feeling to hurt ourselves or
others.

We should always try to be positive, say positive things, and
encourage those around us.

Remember that we all have different strengths!

Love Deedee x

I will learn the following new words/phrases:

Recognising	<i>Identifying someone or something from previous experience or contact.</i>
Loneliness	<i>The feeling of being alone, even when people are around.</i>
Frustration	<i>Feeling upset or annoyed because you cannot change or achieve something.</i>
Experience	<i>Gaining knowledge or skill from doing, seeing, or feeling things.</i>
Jealousy	<i>A feeling of envy towards another person and what they have or can do.</i>

Previous learning:

I can name a range of feelings.
To know that healthy friendships are positive and welcoming.

New learning:

I can recognise the feeling of worry.
I have strategies to deal with this feeling.
I know that you do not need words to show how you feel.
To feel worried is a normal feeling.
It is good to talk about and share your worries with someone.



Something I worry about is...
Something that I can do when I am worried is...
If someone I know is worried, I can...

If I am worried, I can:
Write down my worries.
Speak to a trusted adult or friend.
Do an activity which helps to calm me.
Listen to happy music.
The school's worry monster in Mrs Stanley's office.



Fidgety	<i>To make small, restless movements using your hands or other body parts.</i>
Annoyed	<i>Irritated, disturbed, or slightly angry.</i>
Worry	<i>To feel anxious or troubled about actual or potential problems.</i>
Manage	<i>Maintain control over or be in charge of.</i>
Control	<i>The power to influence or direct people's behaviour or the course of events.</i>
Trust	<i>Firm belief in the reliability, truth, or ability of someone or something.</i>

Previous learning:

There are rules to keep them safe.
Your online activity can affect others.
To know that there are positives and negatives to technology.
To know who and how to ask for help.
To recognise kind and unkind comments.
To know that you need permission to share images online.

New learning:

To know the golden rules for keeping myself safe when online.
To know people behave differently when online and may pretend to be someone else.
When online, be polite and kind as you would be in person.

I will learn the following new words/phrases:

Permission	Allowing someone to do something.
Opinion	A view or judgement formed about something, not necessarily based on fact or knowledge.
Rules	An instruction which tells you what you are allowed or are not allowed to do.
Declaration	An important spoken or written agreement.



2022 2023



Deedee's Golden Rule #1

Don't give out your **personal information**, like your **address** or school name.



Deedee's Golden Rule #2

In the real world and online, we should be **kind** and thoughtful, say nice things, and treat others how we **would like to be treated**.



Deedee's Golden Rule #3

Don't share images or videos of people without their **permission**.

You also shouldn't share images or videos of yourself unless a **parent or carer** says it's okay.



Deedee's Golden Rule #4

Ask a parent or carer before you download an **app or game**, in case they are for older children.

In some games, we can spend our parent or carer's **money**. We shouldn't do this unless they say it is okay.



Deedee's Golden Rule #5

Never arrange to meet **someone** who you only know online.

They might not be who they say they are.

Previous learning:

There are rules to keep them safe.
Your online activity can affect others.
To know that there are positives and negatives to technology.
To know who and how to ask for help.
To know that you need permission to share images online.
To know people behave differently when online and may pretend to be someone else.
When online, be polite and kind as you would be in person.

What can I do to help keep myself safe?

Call Childline on 0800 1111 or use their chat room:

<https://www.childline.org.uk/>

Use website or app features such as delete, report, or block

Make sure your privacy settings are up to date

Only accept friend requests from people you know and trust



2022 2023

Module: Computer Safety

Topic: Making Friends Online and Summative Assessment

New learning:

Only play online with friends - people you know in the real world.
If someone contacts you who you don't think you know, don't give out any personal information and speak straight away to a trusted adult.

Being online can be really fun and enjoyable but we must always make sure we are safe first.

We can do this by playing online with friends we know in the real world and by being very careful about other people we may speak to.

If you are ever worried about something you see or hear online, speak to a trusted adult.



Love Deedee x

I will learn the following new words/phrases:

Chatroom	A group of people living in the same place or sharing a common interest.
Report	Give a spoken or written account of something that one has observed, heard, done, or investigated.
Reply	Say something in response to something someone has said.
Respond	Do something as a reaction to someone or something.
Childline	A free, private and confidential service where you can talk about anything.

Previous learning:

For a healthy family life, it is important to care for, protect and spend time with each other.

Families are important for children growing up because they can give love, security and stability.

Others' families, either in school or in the wider world, sometimes look different from your own family. However, you should respect those differences and know that other children's families are also characterised by love and care for each other.

I will learn the following new words/phrases:

Planet	<i>A planet is a large object that orbits a star.</i>
World	<i>The earth, together with all of its countries and people.</i>
Environment	<i>The surroundings or conditions in which a person, animal, or plant lives or operates.</i>
Humans	<i>Being, relating to, or belonging to a person or to people.</i>
Reproduce	<i>To create another life.</i>
Protect	<i>Keep safe from harm or injury.</i>
Unique	<i>Being the only one of its kind; unlike anything else.</i>
Common	<i>Occurring, found, or done often.</i>



2022 2023

Module: Our World

Topic: Baseline Assessment and Growing in Our World

New learning:

Babies need: milk, somewhere safe and warm to live, water, food, clothes and love. Babies and toddlers need lots of help to do simple tasks e.g. wash their hands, feed themselves.

There are lots of different types of families. Sometimes these families are known as 'blended families'.

Although each family may look different, they all have things in common e.g. the celebrate birthdays and love, care and respect one another.



We are all special and unique and so are our family units.

Previous learning:

Know that we are 'caretakers of the earth' and should help to do our bit to look after it. Try to 'reduce, re-use, recycle'.

New learning:

Be able to identify how we can look after living things both inside and outside of the home.

Recognise why it is important to keep our communities and countryside clean.

Be able to encourage others to help keep their communities and countryside clean.

The importance of not littering.

How to look after wildlife:

Telling a trusted adult if you see any injured wildlife

By not destroying plants and trees Putting up bird feeders

Not leaving dangerous items lying around

Adults can drive carefully so they do not injure wildlife



2022 2023



How to look after pets:

Giving them time and attention

Playing with them

Being kind

Taking them for a walk (if allowed)

Taking them to the vet if they are poorly



I will learn the following new words/phrases:

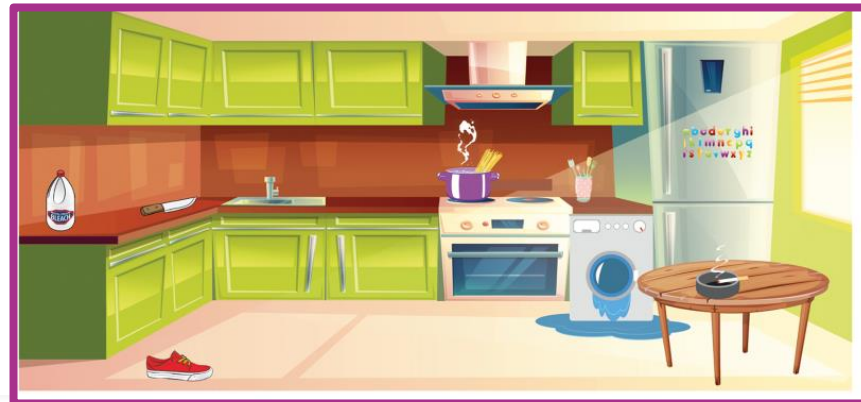
Wildlife	A planet is a large object that orbits a star.
Community	A group of living things that share the same environment.

2022 2023

Why are these dangerous?



What hazards can you spot?



Previous learning:

Know that there are things around us that can be a hazard.

Know that we should report dangers to a trusted adult.

New learning:

Know what items are safe to play with and what items are unsafe to play with.

Be able to name potential dangers in different environments.

Know what food and drink items are safe or unsafe to eat or drink.

Be able to name dangers that can affect others, for example younger siblings.

I will learn the following new words/phrases:

Potential	A chance that something will happen in the future.
Sibling	A brother or sister.
Community	A group of people living in the same place or sharing a common interest.
Hazard	A danger or risk.
Danger	Likely to cause harm or injury. Something that is not safe.

Previous learning:
I know about the different emergency services.
I know how to make a 999 call in order to get help.
I can recognise risky and safe choices.

I will learn the following new words/phrases:

Burgled	<i>When a building is illegally entered and items are stolen.</i>
Collapsed	<i>A person or structure that suddenly falls down.</i>
Flammable	<i>Can easily catch fire.</i>
Distraction	<i>Something that prevents you from concentrating on something else.</i>
Emergency	<i>A crisis or dangerous situation that requires immediate action.</i>
Hoax	<i>When you trick someone into believing that something fake is real or genuine.</i>
Declaration	<i>An important spoken or written agreement.</i>

All these could cause a fire:

New learning:



What is a hoax?

A hoax is when you trick someone into believing that something fake is real or genuine.

A hoax call is when we telephone someone to try to trick them into believing something is real.



Arson is when someone sets fire to cause harm to something on purpose.

Petty arson can mean the start of a small fire.

However, fires grow very quickly if they are not controlled, which can be very dangerous.



When Should We Call 999?

Decide if the action should require you to call 999.
Green = Yes. Red = No.

Colour in the traffic lights when you make your decision



Somebody is drowning in the local lake



Your house is on fire



Your computer game isn't working properly



You are locked out of your house

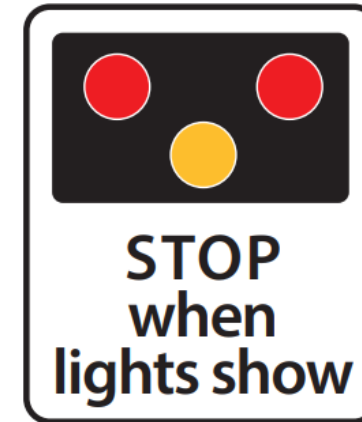
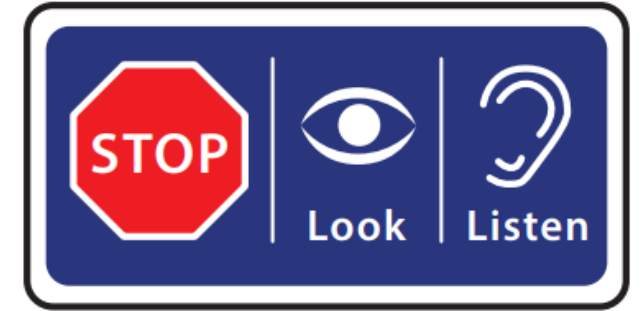


New learning:

2022 2023

Previous learning:

- To understand the differences between safe and risky choices.
- To be able to recognise a range of warning signs.
- To know the importance of listening to our trusted adults.
- To follow rules.



Trains are big and fast and take a long time to stop. We must follow the rules to keep safe. Make sure when you are around trains, you hold your adult's hand.



Passing trains cause air turbulence

Year B
KS1

Previous learning:

To be safe, a healthy family life cares, protects and spends time with each other.
I must seek help and advice if I feel uncomfortable, unsafe or unhappy with a particular relationship.
To know that I must keep myself safe.
To do this I can make sure my shoe laces are tied and I can make safe choices about how/where to cross the road.
I know there is a difference between safe and risky choices.

If you need to make a 999 call, try to know the following:

Location of the emergency	Telephone number in case the operator needs to call back	Explain what happened clearly	Information about the person who needs help

New learning:

To know ways to keep myself and others safe.
To be able to recognise risky situations.
To identify trusted adults around me.
To understand the differences between safe and risky choices.
To be able to recognise a range of warning signs.
To be able to spot the dangers we may find at home.
To know the importance of listening to our trusted adults.
To be able to understand ways we can keep ourselves and others safe at home.



Who helps keep me safe?



I will learn the following new words/phrases:

PCSO	Police Community Support Officer.
Appliances	A device or piece of equipment designed to perform a specific task.
Dangerous	Able or likely to cause harm or injury.
Chemicals	A substance that is created when two or more other substances act upon one another.
Warning sign	A type of sign that indicates a potential hazard, obstacle, or condition requiring special attention.
Pressured	To strongly persuade someone to do something they do not want to do.
Permission	Officially allowing someone to do a particular thing; consent or authorisation.

If you feel uncomfortable about something:

Make an excuse to leave

Speak to a trusted adult before you make a decision

Arrange a secret code with your parent or carer

Try to suggest a different activity

Previous learning:
Some children will have learned about taking medicines safely. They will have also learned about why people have vaccinations.
In PE, children will have practiced well-being strategies such as meditation, breathing exercises and yoga.

I will learn the following new words/phrases:

Healthy	<i>In good physical or mental condition.</i>
Unhealthy	<i>Not in good physical or mental condition.</i>
Germ	<i>Tiny organisms that can cause disease.</i>

Germ is a tiny living thing that can cause disease. They are so small that they can creep in to our bodies without us noticing. If germs get in to our bodies, they can often make us feel poorly. Germs can be transferred on to our hands but they can also be transferred by sneezing or coughing.



Instructions on washing hands properly:

Step 1

Turn on the tap



Step 2

Wet your hands



Step 3

Wet your hands



Step 4

Rub your hands all over for 20 seconds

Don't forget the back of your hands, or between your fingers!



Step 5

Rinse your hands until all of the soap has gone



Step 6

Turn off the tap



Step 7

Dry your hands with a clean towel or paper towel



Previous learning:

In PE, children will have practiced well-being strategies such as meditation, breathing exercises and yoga.

All children will know that germs live on your hands so you need to make sure you wash your hands properly to stop them from spreading.

Some children will have learned about taking medicines safely. They will have also learned about why people have vaccinations.

Why do we need food?

Food provides the energy we need to grow, move, and repair our bodies.

Many foods will also provide us with essential vitamins and minerals.



The definition of healthy is:

in a good physical or mental condition;
 in good health.

Eating healthy food is one way
 we can stay healthy



I will learn the following new words/phrases:

Ingredients	<i>Items that are used to make food, a product, etc.</i>
Energy	<i>The power and ability to be physically and mentally active.</i>
Repair	<i>To put something that is damaged, broken, or not working correctly, back into good condition.</i>
Vitamins	<i>A group of natural substances that are necessary in small amounts for the growth and good health of the body.</i>
Natural	<i>Derived from nature; not made or caused by humankind.</i>
Saturated fat	<i>A type of fat found in meat, eggs, milk, cheese, etc</i>
Decay	<i>To become gradually damaged, worse, or less</i>

Eatwell Guide

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.





Previous learning:
Some children will have learned:

- To name and recognise some feelings through our work on Zones of Regulation.

Blue	Green	Yellow	Red
			
Low	Happy	Wobbly	Angry
Running Slow	Good to Go	Caution	STOP
unhappy tired withdrawn tearful	positive proud calm focused	excited nervous frustrated annoyed	mad furious yelling aggressive

FEELINGS CHART

		
SCARED	HAPPY	SAD
		
ANGRY	EXCITED	WORRIED
		
SURPRISED	SILLY	FRUSTRATED

New learning:
You can tell how a person is feeling by how their face looks. You can also tell how a person is feeling by their 'body language' or their actions. It is not just through the words they say!


How am I feeling?

We will experience lots of different emotions throughout our lives.

If we feel sad or angry, we should try to speak to a trusted adult or friend.

Always try to tell someone in words how you feel so they can understand and try to help you.

Love Deedee x



Body language is a type of communication that uses body movements instead of words.

Here are some examples of body language:

- Crossed arms
- Nail biting
- Head tilted to one side
- Placing a hand on your cheek



If someone has touched you and you feel uncomfortable about it, you must tell a trusted adult like a parent, auntie or uncle, grandparent or a grown up in school. You can also ring Childline which is a free number where you can talk to someone who will help.

Previous learning:

- All children will have learned:
- As part of our Golden Rules that we should respect each other's personal bubble which means to not touch another person.
- Some children will have learned:
- To name various body parts.

Childline - 0800 1111

I will learn the following new words/phrases:

Communicate	To exchange or share information or ideas.
Situation	What is happening now.
Penis	The part of a male's body that is used for urinating.
Testicles	Two round male organs that produce sperm.
Vagina	The part of a woman's body that connects her outer organs to her uterus.
Vulva	External female genitalia that surround the opening to the vagina.
Anus	The external opening of the canal through which excrement leaves the body.
Private parts	A person's genitals.
Appropriate	Suitable or acceptable for a particular situation.

Key Facts

- It is not always right to keep secrets if they relate to being safe
- Each person's body belongs to them
- It is important to seek help or advice if a relationship is making you feel unsafe or unhappy
- In school and in wider society, you can expect to be treated with respect by others, and in turn, you should show due respect to others, including those in positions of authority
- It is important to understand how to report concerns or abuse


New learning:

- Some types of touch are okay e.g. holding on to someone's hand when you cross the road.
- Some types of touch are not okay e.g. if someone kisses you without asking or if someone touches your private parts.
- Boys and girls bodies are different.
- Our private parts of covered by underwear.

Boys are born with a penis and testicles, and girls are born with a vulva (external) and vagina (internal).

These are called our private parts.

The parts of the body covered by underwear are private. All humans have private parts and it is important that we respect each other's privacy.






Previous learning:

Some children will know the difference between being responsible and irresponsible with their actions.

New learning:

To know how you can help the people around you.

To know that you have to be responsible with your actions and the level of responsibility changes the older you are.

To know you may need to make a call to the emergency services and know how to do this.

What can we do to help prevent accidents?

Pick up items that have fallen on the floor

Do not run around inside

Put items away when you are not using them
(for example: scissors)

Sit properly on your chair

Do not climb on furniture

111 or 999?

Calling 999 is for emergencies only.

NHS 111 is for people who need medical help and advice when not in a life-threatening situation.

When we have had an accident, it is important to be honest about what has happened.

I will learn the following new words/phrases:

Responsibility	<i>Something you are expected to do.</i>
Responsible	<i>To have control or be in charge of something. Capable of being trusted.</i>
Accident	<i>Something that is unplanned. It happens by chance and is often a negative event.</i>
Honesty	<i>To speak the truth.</i>
Dishonest	<i>To not tell the truth or to tell lies.</i>



Previous learning:

All children will know the Building Learning Power: Perseverance.

Some children will know about the importance of working hard to achieve a goal. Working hard improves your chances of getting a good job when you are older.

New learning:

To know the importance of setting goals.

To develop determination to get better at something.

To put in effort to really practise and learn something.

It is important to set targets for ourselves.
What would you like to be able to do?



I will learn the following new words/phrases:

Abilities	<i>The physical or mental power or skill needed to do something.</i>
Thoughtful	<i>Caring about or showing consideration for others.</i>
Qualities	<i>The features or characteristics of a person or thing.</i>
Manners	<i>Polite social behaviour or habits.</i>
Courteous	<i>Polite, respectful, or considerate in manner.</i>
Appropriately	<i>Suitable or right for a particular situation or occasion.</i>
Self-respect	<i>Respect for yourself that shows that you value yourself.</i>
Improve	<i>To get better.</i>

- *Something I am really good at is...*
- *Something I've had to practise really hard at getting better at is...*
- *Something I want to get better at is...*

Previous learning:

I can recognise the feeling of worry and have strategies to deal with this feeling. I know that you do not need words to show how you feel. To feel worried is a normal feeling. It is good to talk about and share your worries with someone.



New learning:

To control our anger we can:

- Draw a picture about how we feel or write it down.
- Listen to music.
- Take time out.
- Walk away from the situation (if it's safe to do so).



Anger is a strong feeling of annoyance, displeasure, or hostility.



Look at Deedee's anger thermometer. How might Deedee be feeling?

Shouting very loudly, stamping, throwing things, and crying. →

Snappy, stroppy, and shouting. Won't listen to adults. →

Fidgety, annoyed, clenched teeth. →

Calm and happy. →



It is okay to feel angry but we must not hurt others, hurt ourselves, or break property.

There are healthy ways to express our feelings and there are unhealthy ways.

It is unhealthy to express our feelings in a way that hurts ourselves or others.

I will learn the following new words/phrases:

Fidgety	<i>To make small, restless movements using your hands or other body parts.</i>
Annoyed	<i>Irritated, disturbed, or slightly angry.</i>
Worry	<i>To feel anxious or troubled about actual or potential problems.</i>
Manage	<i>Maintain control over or be in charge of.</i>
Control	<i>The power to influence or direct people's behaviour or the course of events.</i>
Trust	<i>Firm belief in the reliability, truth, or ability of someone or something.</i>

Previous learning:

I can recognise the feeling of worry and have strategies to deal with this feeling.
I know that you do not need words to show how you feel.
To feel worried is a normal feeling.
It is good to talk about and share your worries with someone.
I know how I feel when I get angry and I know that I can make positive or negative choices about how I deal with this.

New learning:



2023 2024

You can experience grief when...

Losing someone very special

Parents divorcing

Losing a precious toy or belonging

A friend moving away

Losing a pet

Grief is one of the hardest emotions we will have to feel in our lives.

If you ever feel grief, try to speak to someone you trust about your feelings so that they can help you.
You do not have to suffer alone.

Let's all look after each other.

Love Deedee x



A memory box helps you remember the person or thing you have lost. Good items to add to a memory box are:

- photos
- a handwritten letter
- a drawing
- a video recording
- A toy
- a song
- a poem

If someone is grieving, you could say...

Sorry for your loss

I love you

You're not alone

I care about you

I will learn the following new words/phrases:

Grief	Great sadness, often following a death or loss.
Confusion	Uncertainty about what is happening, intended, or required.
Memory box	A special place where memories are stored.

Previous learning:

There are rules to keep them safe.
My online activity can affect others.
To know that there are positives and negatives to technology.
To know who and how to ask for help.
To know people behave differently when online and may pretend to be someone else.
When online, be polite and kind as I would be in person.
There are Golden Rules to help keep me safe online.

If you are using a computer, tablet or phone online, this means you are connected to the internet.

If you receive an unkind message online, you can:

- Tell a trusted adult.
- Turn off the device.
- Don't say something bad back.
- Take a screen shot.
- Block the person.
- Don't blame yourself for what has happened.



2023 2024



New learning:

We are responsible for our behaviour towards others.

When we start to use technology to communicate, we must remember to be kind. We are all capable of being kind and we should treat others the same online as we do in the real world.

Treat others like you would like to be treated. If you are ever worried about anything you see online, please speak to a trusted adult.

Love Deedee x



I will learn the following new words/phrases:

Online	Connected to or controlled by a computer or network.
Positive	Full of hope and confidence.
Negative	Not helpful or constructive.

Previous learning:

There are rules to keep them safe.
My online activity can affect others.
To know that there are positives and negatives to technology.
To know who and how to ask for help.
To know people behave differently when online and may pretend to be someone else.
When online, be polite and kind as I would be in person.
There are Golden Rules to help keep me safe online.



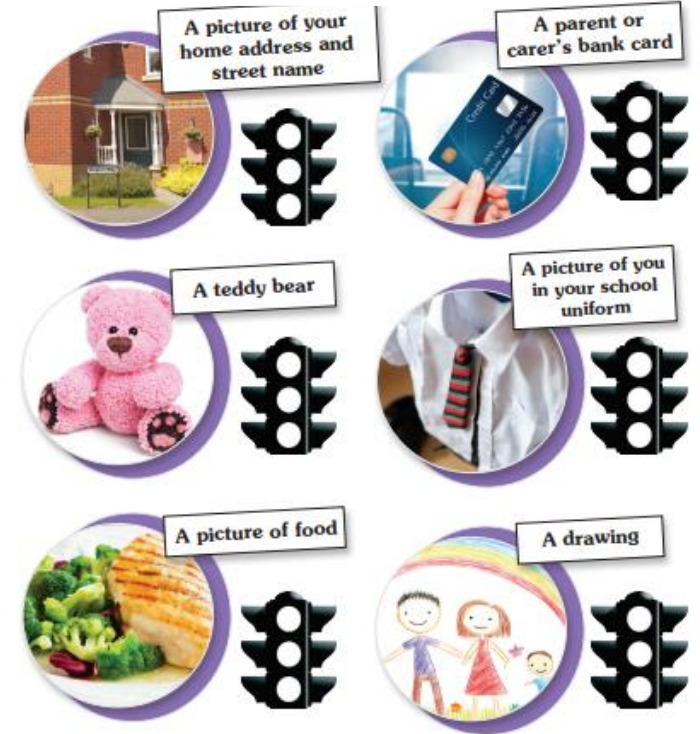
Module: Computer Safety
Topic: Image Sharing

2023 2024



New learning:

Is it safe to share these images online or do they give away too much personal information?



I will learn the following new words/phrases:

Permission	Allowing someone to do something.
Opinion	A view or judgement formed about something, not necessarily based on fact or knowledge.
Rules	An instruction which tells you what you are allowed or are not allowed to do.
Declaration	An important spoken or written agreement.

We should always be very careful about sharing images and information that belong to us or someone else, either online or in the real world.

Once we share information online it is not always easy to get it back, especially when we share images via the internet.

Let's make good choices so that we can all stay safe!

Love Deedee x



Previous learning:

Know that we are 'caretakers of the earth' and should help to do our bit to look after it and care for all living things.

To keep our communities clean by not littering.

We can receive money when we do a job.
We need to save money so that we can buy the things that we need and want.



I will learn the following new words/phrases:

Credit Card	<i>A card that allows the owner to buy goods or services and pay for them later.</i>
Debit Card	<i>A card that allows the owner to withdraw money or pay for goods or services using money in their bank account.</i>
Spend	<i>To exchange money or vouchers when buying a product or service.</i>
Receive	<i>To get or be given something.</i>
Save	<i>To place money in a money box or bank account to use at a later date.</i>

New learning:

British Money



Money comes in different forms and from different sources. Sometimes we spend coins and notes, when we are older, we may pay by debit or credit card.



We need money to be able to pay for goods and services, such as food or house bills.

When we are children, parents and carers pay for the goods and services we need.



Previous learning:

Know that we are 'caretakers of the earth' and should help to do our bit to look after it and care for all living things.

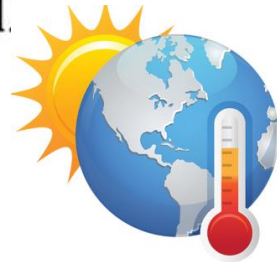
We can fundraise to raise money for good causes - these could be to help the environment.

We choose what we spend our money on.

New learning:



If there is too much carbon dioxide in the environment, it can cause the planet to become warmer than usual.



Reduce, reuse, and recycle are the three ways in which we can help protect the environment and minimise the amount of waste we produce

Reduce means to make the size or quantity of something smaller.

Reuse means to use something more than once.

Recycle means to use again or to convert waste into reusable materials.



I will learn the following new words/phrases:

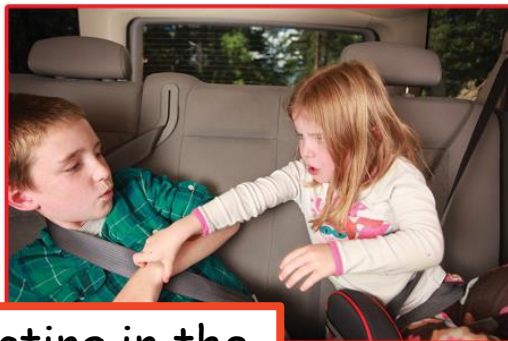
Reduce	To make the size or quantity of something smaller.
Re-use	To use more than once.
Recycle	To convert waste into reusable materials or to use again.
Environment	The surroundings in which a person, animal, or plant lives.
Carbon footprint	The amount of carbon dioxide we produce.
Carbon dioxide	A gas released into the environment when we carry out certain activities, such as driving or using electricity.
Global warming	A change in the planet which can cause it to become warmer than usual.

Previous learning:
 I know about the different emergency services.
 I know how to make a 999 call in order to get help.
 I can recognise risky and safe choices.

I will learn the following new words/phrases:

Burgled	<i>When a building is illegally entered and items are stolen.</i>
Collapsed	<i>A person or structure that suddenly falls down.</i>
Flammable	<i>Can easily catch fire.</i>
Distraction	<i>Something that prevents you from concentrating on something else.</i>
Emergency	<i>A crisis or dangerous situation that requires immediate action.</i>
Hoax	<i>When you trick someone into believing that something fake is real or genuine.</i>
Declaration	<i>An important spoken or written agreement.</i>

New learning:



Other people can be distracting in the car by their behaviour e.g. arguing, fighting over a toy or kicking the back of the driver's seat.
 Drivers can also be distracted if they pick up their phone. This is illegal and they should not do this whilst driving.

If someone is on fire, tell them to:

STOP, DROP, and ROLL!



The Fire Brigade can be called to help when...

- Somebody is trapped on a roof
- A building is on fire
- Home safety visit
- Incidents involving hazardous materials
- Animal rescue
- Flooding
- Serious car accident
- To fit a fire alarm in your home
- Somebody is trapped in a vehicle

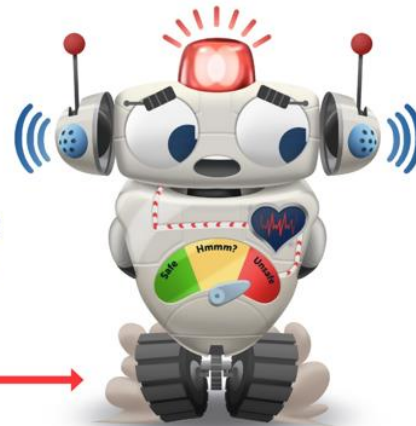


This is Clever. He loves to have fun. He is also very clever. He is clever because he knows when someone is trying to get him to go with them. He has features on his body to keep him safe. Clever's rule is: if someone you're not expecting to, or don't know, asks you to go somewhere with them, just remember - CLEVER NEVER GOES!

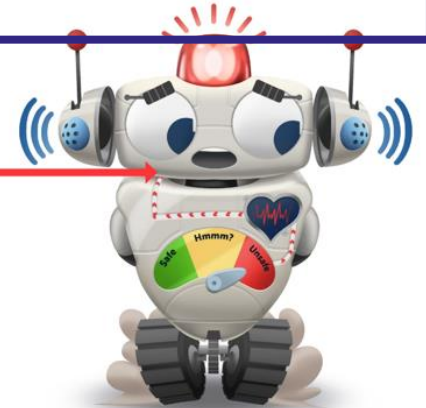
This is
CLEVER'S
alarm



These are
CLEVER'S
wheels



This is
CLEVER'S
mouth
telling
an adult



This is **CLEVER'S**
GO-SPOTTER

Previous learning:

I must seek help and advice if I feel uncomfortable, unsafe or unhappy with a particular relationship.
To know that I must keep myself safe.
I know there is a difference between safe and risky choices.
To know the importance of listening to our trusted adults.
To follow rules.